

**But those things which proceed out  
of the mouth come forth from the  
heart; and they defile the man.**

**For out of the heart proceed evil  
thoughts, murders, adulteries, fornications,  
thefts, false witness, blasphemies:  
these are the things which defile  
a man: but to eat with unwashen  
hands defileth not a man.**

**Matthew 15:18-20**